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ELEVENTH ANNUAL BAY AREA SENIOR GAMES TO BE HELD MAY 6 – JUNE 24, 2017

Athletes Will Compete in Fifteen Sports in Palo Alto, San Mateo and Bay Area

PALO ALTO – May 4, 2017 – The Eleventh Annual Bay Area Senior Games will be held May 6, 2017 – June 24, 2017 at venues in Santa Clara, Alameda and San Mateo Counties, The Bay Area Senior Games, first held in 2006 as test events for the 2009 Summer National Senior Games, are for athletes – men and women, age 50 and older.

"We are delighted to be able to continue the tradition of the Bay Area Senior Games – now in our eleventh year. These men and women are shining examples of the benefits of an active, competitive lifestyle that embraces vitality and exemplifies the slogan of the 2009 Summer National Senior Games, "Long Live the Challenge," explained Anne Warner Cribbs, 1960 Olympian, President of the Local Organizing Committee for the 2009 National Senior Games and now heading up the 2017 Bay Area Senior Games.

The Games will feature fifteen competitions including: Archery, Badminton, Basketball, Cycling, Feats of Strength, Race Walk, Racquetball, Road Race, Soccer, Swimming, Table Tennis, Track & Field, Triathlon, Volleyball and Water Polo.

The competitions of the 2017 Bay Area Senior Games will be are spread around the Bay Area, with Soccer, Swimming, Women's Basketball, Racquetball and Pickleballl in Palo Alto. Track & Field in San Mateo, Table Tennis in Milpitas, Feats of Strength in Castro Valley, Badminton in Fremont, Track and Field, Racewalking and 5 K Road Race in San Mateo, Archery in San Jose and Water Polo in Moraga.

"We are very happy to help host the Bay Area Senior Games as part of our support of the senior community"; said Rob De Gues "This event encourages Californians over 50"

to keep fit and live healthy, and a message the City of Palo Alto wholeheartedly supports."

Over 1100 California Senior Athletes, qualified at the 2016 Pasadena Senior Games/California State Championships in May and the 2016 Encore Games, in November, for the upcoming 2017 Summer National Senior Games scheduled for this

summer in Birmingham, Alabama. Many will use the Bay Area Senior Games as a warmup.

In 2017, seven regional Senior Games competitions are taking place around the state. Sites for regional Senior Games include San Diego, Palm Desert, Pasadena, San Francisco Bay Area, Sonoma and Visalia. A complete list with contact information for all the Senior Games in California may be found at www.californiaseniorgames.org

The Bay Area Senior Games are conducted under the auspices of the Bay Area Sports Organizing Committee (BASOC). The Bay Area Senior Games were held in 2006, 2007 and 2008 as "test events" for the 2009 Summer National Senior Games and in 2010, 2011, 2012, 2013, 2014, 2015, 2016 and 2017 continue the tradition as a "legacy" event.

On line registration, for the 2017 Bay Area Senior Games is still open for swimming, soccer, Track & Field and Badminton at www.bayareaseniorgames.org. Entry blanks are available by calling 650.323.9400 or download at www.bayareaseniorgames.org. Volunteers are encouraged to sign up at www.bayareaseniorgames.org.

The CSGA's mission is to promote healthy lifestyles for seniors through education, fitness and the spirited competition of sports, while inspiring everyone to embrace health and appreciate and enjoy the value of sports related exercise.