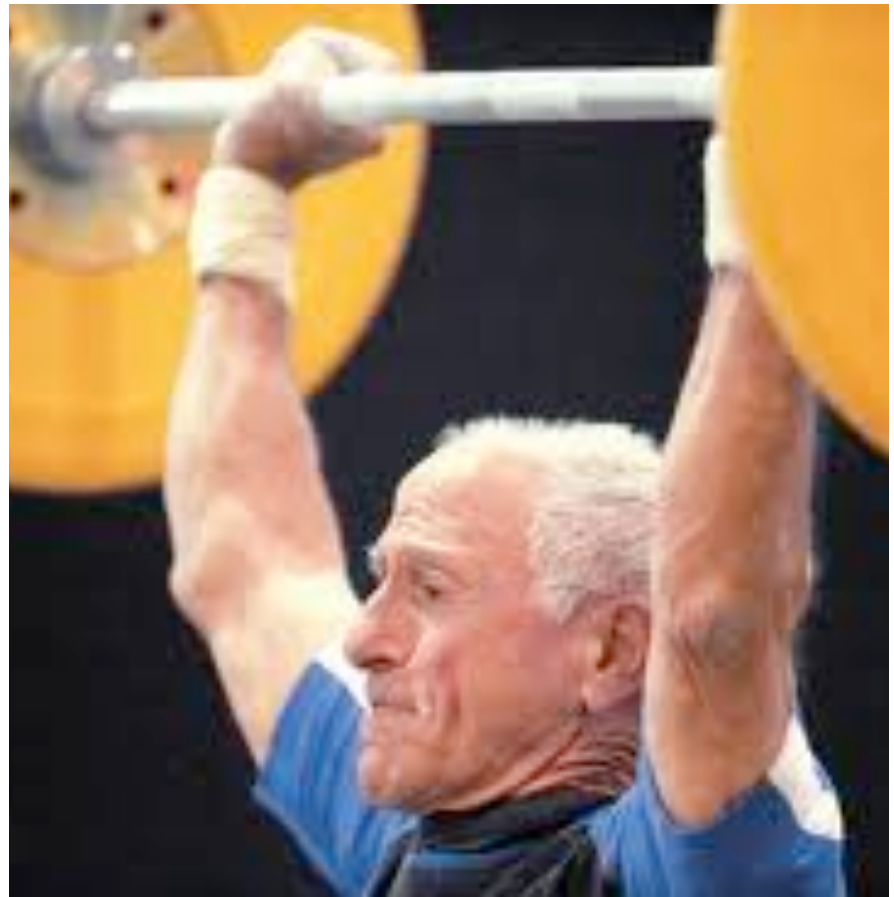


2017  
Bay Area  
Senior Games



**BAY AREA  
SENIOR GAMES**



## **Feats of Strength**

Date: June 24 Register Deadline: June 12 Start Time: 10AM

Venue: 18584 Carlwyn Drive Castro Valley, CA

Dynamometer Hand Grip Strength ■ Standing Long Jump ■ Farmer's Walk  
Pullups or Chinups ■ Weighted Pullups or Chinups ■ Deadlift Lockout  
Vertical Jump

M/W Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Registration Fees: \$17 for 1-3 events, \$20 for 4-7 events

Registration: [www.BayAreaSeniorGames.org](http://www.BayAreaSeniorGames.org)