



## Bay Area Senior Games 2018 Registration

April 14-May 30

Palo Alto, San Mateo & other San Francisco Bay Area Venues

**General Information** - Welcome to the registration package for the 12th Annual Bay Area Senior Games (BASG). The BASG started in 2006, to promote healthy, active lifestyles for adults over the age of 50.

**Eligibility** - All participants must be at least 50 years of age on or before December 31, 2018. There is no upper age limit. Proof of age may be required at event check-in.

**Age Divisions** - Age divisions are in five-year age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84 and up. A participant's competition age will be based on his/her age as of Dec. 31, 2018. Age division for doubles and team competitions will be determined by age of the youngest player as of Dec. 31, 2018. We reserve the right to combine age groups in any event due to insufficient entries or other conditions. Some sports may be conducted in ten-year increments. THIS IS A REGIONAL SENIOR GAMES NOT A QUALIFIER FOR THE NATIONAL SR GAMES. UNLESS NOTED.

**How to Enter** - Registration is available online at [www.bayareaseeniorgames.org](http://www.bayareaseeniorgames.org). Athletes may enter any sport or event subject to the entry limitations of that sport. All Athletes pay a \$60 registration fee plus an event fee for each individual event in which they compete. Team entry fees may be required and team sports may pay an additional fee, based on team numbers, facility rental and other expenses. Please see payment summary for more details.

If you do not have a computer, please fill out this Entry Form, sign the Liability Release and mail it to: Bay Area Senior Games Headquarters • 2275 East Bayshore Road # 115 Palo Alto, CA 94303

**Note: Please add an additional processing fee of \$15 for paper registration. We are unable to process your registration without the \$15 paper registration fee.**

Please make sure not to register for overlapping events. No schedule changes will be made to accommodate multi-sport or multi-event entrants. **Refunds will not be given.**

Each partner in a doubles competition must submit an Individual Entry Form and enter the full name of his/her partner.

Team captains are required to submit one Team Roster Form. In order to complete registration, all athletes must sign the Waiver Form presented online or they will not be eligible to participate.

### Medals

Gold, Silver and Bronze medals will be awarded after the expiration of a 30-minute protest period. Medals will not be mailed unless award winner pays postage and handling fee in advance (\$5).

## Benefits

Registration and event fees include: Event administration and organization, venue rental, officials and scorekeepers, permits and sanctions, emergency medical personnel, medals, security, liability insurance, entry confirmation, event T-shirt, and results administration.

## Equipment and Uniforms

Participants are required to provide their own equipment, except as specified under the sport description. All athletes must wear the athletic apparel and shoes usual and customary for the sport in which they are competing. Team sports require like color and style numbered uniforms. Inappropriate clothing, shoes or equipment may be cause for disqualification. Please mark your personal items and do not leave them unattended. The Bay Area Senior Games is not responsible for the loss or damage of any athlete's personal belongings.

## Accommodations

We have negotiated some special discounts at a few area hotels close to the venues. Mention "2018 Bay Area Senior Games" when calling to book your room.

See [www.bayareaseiniorgames.org/hotels](http://www.bayareaseiniorgames.org/hotels) for complete information.

## Food and Transportation

Athletes are responsible for their own food and transportation. For venue information see each sport landing page. [www.bayareaseiniorgames.org/sports](http://www.bayareaseiniorgames.org/sports)

## Sportsmanship

Unsportsmanlike or disorderly conduct on the part of competitors or coaches will be grounds for immediate removal and disqualification without any refund of fees paid. Sports Commissioners and event staff reserve the right to disqualify any competitor.

## Insurance

The Bay Area Senior Games has a General Liability Policy for the event. This insurance covers medical costs only when an accident or injury is caused by our negligence. It is expressly understood that this insurance does not cover: property loss, damage to the participant, or medical costs if an accident or injury occurs during the normal routine of competition or during travel to and from competition. Each participant is responsible for his or her own medical insurance.

## Medical Assistance

Emergency medical assistance will be in place at most events. If you must be transported by ambulance, it will be at your expense.

## Volunteering

Athletes, friends and families are invited to volunteer at the event. For details, including job description and benefits, please visit [www.bayareaseiniorgames.org](http://www.bayareaseiniorgames.org). Please register on line after March 15, 2018. Volunteers will receive the official 2018 Volunteer Tee-shirt.

**Refund Policy - NO refunds** will be made if an entrant fails to compete for whatever reason including: event rescheduling, or event cancellation due to inclement weather, war, terrorism, or an act of God. Games officials or the Bay Area Senior Games Board of Directors reserve the right to cancel or postpone events to a later time. All times and venues are subject to change. Refunds of entry fees may occur only for:

- 1) Entries received over event capacity
- 2) Insufficient entries in event
- 3) Entries of non-qualified participants
- 4) Injury, if occurs prior to event

Refunds, if given, are subject to a processing fee.

### Sports Rules

Competition format and rules for each sport are posted online at [www.bayareaseniorgames.org](http://www.bayareaseniorgames.org)

### Confirmation

Athlete confirmations will be e-mailed when online registration is complete. Athletes will also receive final event information mailing just prior to the event. (Please check your email inbox)

### Check-In

All athletes must report to the check-in table/tent at their competition venue. The exact location, address and start times will be included in the final confirmation mailing.

## Athlete Registration

Please complete all information and sign the Liability Release. NOTE: athletes will **not** be able to complete online registration until liability release is accepted and the box checked.

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age on Dec. 31, 2018: \_\_\_\_\_

Employer/Company Name \_\_\_\_\_

Self-Employed \_\_\_ Yes \_\_\_ No Retired \_\_\_ Yes \_\_\_ No

Shirt Size\_ S M L XL XXL (circle one) (Unisex type shirts)

Male  Female

Person to contact in case of emergency:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### Liability Release - Must be signed in order to complete registration.

I, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims against the 2018 Bay Area Senior Games Local Organizing Committee, City of Palo Alto, College of San Mateo, all other venue locations, sponsors, and any and all persons and organizations affiliated therewith, for any and all injuries suffered by me while traveling to and from, or participating in the 2018 Bay Area Senior Games. I also give my permission for the free use of my name, likeness, voice and/or photograph in any broadcast, telecast, newsprint, website, marketing material or any other account of these events. I further state that I am physically fit and sufficiently trained for the events in which I will participate. I have read and understood the 2018 Bay Area Senior Games Information.

Signature: \_\_\_\_\_ PRINT Name: \_\_\_\_\_

Date: \_\_\_\_\_

Sport(s): \_\_\_\_\_

## Individual Sports

### ARCHERY

April 21-22– Black Mountain Bowman Range- Ave. Espana San Jose (\$8.00 per event)

Bow Divisions: Compound Release with sights (Freestyle, Bowhunter Freestyle)

Compound Fingers with sights (Freestyle Limited, Bowhunter Freestyle Limited)

Compound Barebow no sights (Bowhunter)

Recurve (sights; Recurve Barebow no sights (Trad)

Times: Saturday, April 21 —  Double 300 Round – 60 arrows at 20 yards on 40cm target face

8:00am check –in – Shoot 9:00 am.

Water, soda and snacks are available for purchase. Lunch will be provided to registered archers on Saturday only.

Event Fee: \$40.00 all -inclusive per person. **REGISTRATION DEADLINE: April 1, 2018**

Sunday, April 22- American 900 Round – 30 arrows at each distance of 60, 50 and 40 yards on

122 cm target face. 8:00am check –in – Shoot 9:00 am.

### BADMINTON

**April 14 noon start time - California Badminton Academy 46049 Warm Springs Blvd. Fremont (fee \$10.00 per event) General Registration fee is \$30 per athlete) [Click on this link](#)**

<http://scba.tournamentsoftware.com/sport/tournament.aspx?id=010343F0-60EE-4B06-B2A2-3532065CC05D>

Men's Singles  Women's Singles  Men's Doubles \_\_\_\_\_

W's Doubles \_\_\_\_\_  Mixed Doubles \_\_\_\_\_

**REGISTRATION DEADLINE: April 2, 2018 THIS IS A QUALIFIER EVENT FOR NATIONAL SR. GAMES**

### CYCLING

**May 16-17– Pescadero (fee \$16.00 per event) Course Details to follow on website**

Wednesday May 16  5K Time Trial  40 K Road Race Start Time 10:00 am

Thursday  10K Time Trial  20 K Road Race Start time 9:00 am.

**REGISTRATION DEADLINE: IS May 1, 2018.**

### GOLF

**May 3-8:00- TPC Harding Park Golf Course – 99 Harding Road, San Francisco (fee \$30.00 per golfer includes cart, golf, gross & net awards plus standard \$60 athlete registration fee)**

*"A Golf Tournament like no other. Multiple flights by age groups: 50-54, 55-59, 60-64, etc. Cost Includes: tee-prize, and cart.. Awards: Gold, Silver and Bronze Olympic-style Medals for each age flight (gross and net scores). Men and Women flights. (Players must have an established handicap to participate in the low net competition.)"*

**Golf Raffle:** All contestants may purchase raffle ticket/s to win a complimentary round of golf at a Bay Area golf course. All raffle proceeds will go to a scholarship fund for a college bound youngster of The First Tee of San Francisco. Signup as an individual but at your request we can arrange for you and your friends to play together in the same group".

18-hole individual stroke play 8 AM check in 8:30 tee off. Please include your GHIN # handicap/index when registering GHIN # \_\_\_\_\_. **REGISTRATION DEADLINE: IS April 23rd.**

### LAWN BOWLING

**May 18 & 19- Palo Alto Lawn Bowls 747 Embarcadero Road Palo Alto ( Fee \$7.00 event fee Mixed Triples- plus \$40 athlete registration) Registration Deadline May 1<sup>st</sup>. Register directly with Ginger Harris**

[peacecorps.ginger@gmail.com](mailto:peacecorps.ginger@gmail.com) Registration form is located on website at:

[www.bayareaseniorgames.org/sports](http://www.bayareaseniorgames.org/sports)

**PICKLEBALL**

**May 5-6 – Palo Alto Courts Mitchell Park- 600 E Meadow Dr, Palo Alto, CA 94303**  
(fee \$5 each event plus athlete registration fee) registration closes April 20. Registration is at this separate link:<https://www.secure.pickleballtournaments.com/welcome.pl?tid=1748>  
**Mens** Singles Doubles – **Women’s** Singles  Doubles **Mixed** Doubles

**POWERWALK**

**May 27- College of San Mateo 1700 West Hillsdale Ave. San Mateo (Fee \$30 athlete registration \$6 event fee)**  
 1500 M- on the track 1:30 p.m.  
**REGISTRATION deadline is May 15th**

**RACEWALK ( Part of Track & Field event)**

**May 27 College of San Mateo 1700 West Hillsdale Ave. San Mateo (Fee \$7.00 per event)**  
 1500M – Track 9:40 a.m.  5K – Track 12:30 pm  
**REGISTRATION DEADLINE: IS MAY 15th.**

**RACQUETBALL**

**TO be held in the Fall (Nov.10th) as a last chance to qualify for National Games**  
**Elks Club - 4249 El Camino Real Palo Alto 94306 - 9:00am ( Fee \$8.00 per event)**  
 Singles  Doubles Partner’s Name: \_\_\_\_\_  
**REGISTRATION DEADLINE: IS Nov. 1st**

**5K ROAD RACE (on the track)**

**May 27th ( Fee \$7.00 per event)  5K 8:00 am start on the College of San Mateo Track (also listed under track events) REGISTRATION DEADLINE: IS MAY 10th.**

**SWIMMING (Short Course yards)**

**May 20 8:00 AM – Rinconada Pool- 777 Embarcadero Rd. Palo Alto- (Fee \$6 per event) -5 event maximum**

- |   |  |
|---|--|
| Event #1 <input type="checkbox"/> 100 Butterfly _____   | Event #2 <input type="checkbox"/> 200 Free _____       |
| Event #3 <input type="checkbox"/> 50 Breastroke _____   | Event #4 <input type="checkbox"/> 100 Back _____       |
| Event #5 <input type="checkbox"/> 400 IM _____          | Event #6 <input type="checkbox"/> 100 Breastroke _____ |
| Event #7 <input type="checkbox"/> 200 Back _____        | Event #8 <input type="checkbox"/> 100 IM _____         |
| Event #9 <input type="checkbox"/> 50 Free _____         | Event#10 <input type="checkbox"/> 200 Butterfly _____  |
| Event #11 <input type="checkbox"/> 50 Back _____        | Event #12 <input type="checkbox"/> 200 IM _____        |
| Event #13 <input type="checkbox"/> 50 Butterfly _____   | Event #14 <input type="checkbox"/> 100 Free _____      |
| Event #15 <input type="checkbox"/> 200 Breastroke _____ | Event #16 <input type="checkbox"/> 500 Free _____      |

**(Place your best swim entry time in the space provided next to the event.)**

**REGISTRATION DEADLINE: is MAY 10th.**

**TABLE TENNIS**

**APRIL 29<sup>th</sup>-ICC Table Tennis Center 1507 N. Milpitas Blvd. Milpitas 95035 ( fee \$6 per event)**

- Singles, 1:00 pm
- Doubles, 3:00pm Partner’s Name: \_\_\_\_\_
- Mixed, 3:30pm Partner’s Name: \_\_\_\_\_

**REGISTRATION DEADLINE: IS April 20th**

**RICK MILAM MEMORIAL TRACK & FIELD MEET**

**May 27th at College of San Mateo Track – 1700 West Hillsdale Ave. San Mateo 8:00 AM**  
(Fees \$6.00 per event Note 5K run is \$7.00)

- |   |  |
|---|--|
| <input type="checkbox"/> Javelin 8:30 am    | <input type="checkbox"/> 5K 8:00am <b>ROAD RACE ON TRACK</b> |
| <input type="checkbox"/> Shot Put 9:00am    | <input type="checkbox"/> 50m 8:30am                          |
| <input type="checkbox"/> Pole Vault 9:00 am | <input type="checkbox"/> 800m 9:00am                         |
| <input type="checkbox"/> Long Jump 10:00am  | <input type="checkbox"/> 100m 9:30am                         |
| <input type="checkbox"/> Hammer 10:00 am    | <input type="checkbox"/> 1500m 9:40am <b>RACEWALK</b>        |
| <input type="checkbox"/> Discus 11:00       | <input type="checkbox"/> 400m 10:00am                        |
|   | <input type="checkbox"/> 1500 m 11:40 am                     |



- High Jump 11:30am
- Triple Jump 12:00

- 200m 12:00 noon
- 4x100m Relays 12:30pm
- 5000m 12:45pm **RACEWALK**
- 1500m 1:30 pm **POWERWALK**

TIME SCHEDULE MAY BE CHANGED, SUBJECT TO NUMBER OF ENTRIES. COMPETITORS WILL RECEIVE FINAL TIME SCHEDULE AFTER ENTRIES CLOSE. **REGISTRATION DEADLINE: is MAY 15th.**

### TRIATHLON

**March 4, 2018** Special event entry as part of Stanford Treeathlon. As a benefit to senior triathletes, the Stanford Treeathlon has once again created a special Bay Area Senior Games division. Register directly at <http://treeathlon.co/register> **THIS IS A QUALIFIER FOR THE 2019 NATIONAL SENIOR GAMES**

## Team Sports

**All tournaments will feature both men and women's competition.**

There may be team fees. (Note: Teams not fielding the minimum number of athletes will incur a surcharge.) However, captains must submit a roster for their team by the entry deadline and confirm that each athlete has registered and signed the insurance waiver. During athlete registration, the competitor can designate his/her team from the drop down menu.

**Captains, please submit your team name/your name as captain as early as possible, so individual competitors can select their team. The Team name and captain will be listed on the on-line registration drop down menu.**

**NOTE REGISTRATION DEADLINES FOR EACH SPORT.** Any roster changes after the date below will be charged \$5.00 and this late fee must be paid at athlete check-in day of event.

**Soccer:** (Men and Women) REGISTRATION DEADLINE: **May 12, 2018** -REGISTRATION FEE (\$65per player- no team fee)

**Basketball:** (Men & Women): (\$60 athlete fee no team fee)

**TO be held in the Fall (Date is Sunday, SEPT 23) as a last chance to qualify for National Games**

**Water Polo:** (Men and Women) REGISTRATION DEADLINE: **April 20, 2018** (team fee \$450 + \$60 desk fee per team (4 games)

**Volleyball:** (Men and Women) REGISTRATION DEADLINE: **April 23, 2018** ( athlete registration \$40 no team fee)

**Enter your TEAM NAME and CAPTAIN'S NAME below. Team must be named and cannot be changed.**

**Team Name:** \_\_\_\_\_ **Captain Name:** \_\_\_\_\_

**I am acting as the captain of a team in the sport listed below (check box).**

Age of youngest player (as of 12/31/18): \_\_\_\_\_

Basketball- **Men's** (3 vs. 3), **TO be held in the Fall (Sept 23rd) as a last chance to qualify for National Games-** Cubberley Community Center, 4000 Middlefield Rd. Palo Alto  
(7 members max.)

Basketball Free Throw Contest, after last game is played (no fee)

Basketball-**Women's** (3 vs. 3), **TO be held in the Fall (Sept.23rd) as a last chance to qualify for National Games-** Cubberley Community Center 4000 Middlefield Rd (7 members max.)

Basketball Free Throw Contest, after last game is played (no fee)

Soccer (8 vs. 8), Saturday, **May 19 & 20 9 AM** - Greer Park -1098 Amarillo Ave, Palo Alto (14 player max.)

- Volleyball, **May 5**(Men & Women)9:00 AM - Cubberley Community Center, 4000 Middlefield Rd Palo Alto (15 members max.) Reduced athlete registration fee \$40 per person (no team fee)
- Water Polo, **April 28-29** Soda Aquatic Center- Campolindo High School 300 Moraga Rd. Moraga, CA  
8:00 AM warm ups 9:00 am start – (15 members max per team)

**Captains: Please submit a roster in Word format with the following required information:**  
**SPORT** \_\_\_\_\_ **Team Name** \_\_\_\_\_ **Captain's Name** \_\_\_\_\_

**Age Group** \_\_\_\_\_ **Birthdate of each team member** \_\_\_\_\_ **Contact #** \_\_\_\_\_

**ALL COMPETITION TIMES ARE APPROXIMATE - CHECK WEBSITE FOR UPDATES!**  
[www.bayareaseniorgames.org](http://www.bayareaseniorgames.org)

### FEE SUMMARY

ITEM	FEE	# of Events Entered	Amount Due
<b>Basic Athlete Registration Per athlete</b>	<b>\$60 (unless otherwise noted)</b>		<b>\$60</b>
<b>SPORTS</b>	<b>Plus PER EVENT FEE</b>		<b>+++</b>
Archery	\$40 total fee+ event fee		\$40 plus event fee
Badminton	<a href="http://scba.tournamentsoftware.com/sport/tournament.aspx?id=010343F0-60EE-4B06-B2A2-3532065CC05D">http://scba.tournamentsoftware.com/sport/tournament.aspx?id=010343F0-60EE-4B06-B2A2-3532065CC05D</a>		
Basketball Women's	\$60 athlete registration	DATE 9-23-18	
Basketball Men's	\$60 athlete registration	DATE 9-23-18	
Cycling	\$16 per event + athlete fee		
Golf	\$30 + \$60 athlete fee		
Lawn Bowling	Register with- Peacecorps.ginger@gmail.com		\$40 registration fee + \$7 event fee
Pickleball	<a href="https://www.secure.pickleballtournaments.com/welcome.pl?tid=1748">https://www.secure.pickleballtournaments.com/welcome.pl?tid=1748</a> \$5 per event plus \$55		\$55 plus event fee
Powerwalk	\$30 athlete registration \$6 event fee		\$30 athlete registration fee - + \$6 event fee
Racewalk	\$7 + athlete fee		
Racquetball	\$8 + athlete fee	DATE Nov 10	
Road Race (track)	\$7 + athlete fee		



ITEM	FEE	# of Events Entered	Amount Due
Soccer	\$65.00 athlete registration fee per person no team fee		
Swimming	\$6 per event + athlete fee		
Table Tennis	\$6 + athlete fee		
Track & Field	\$6 per event + athlete fee		
Triathlon	Register at <a href="http://treathlon.co/register">http://treathlon.co/register</a>		
Volleyball	\$40 athlete fee only		
Water Polo	\$450 team fee + \$60 desk fee paid by check only (not online) to BASOC All athlete register and pay \$60 fee online		
<b>GRAND TOTAL</b> Of Registration & Events fees			

**PAYMENT INFORMATION**

Basic Athlete Registration Fee: \$ 60.00 (unless otherwise noted)

PLUS Individual Sport Event Fees: \$ \_\_\_\_\_

(Multiply number of checked boxes x \$ event fees)  
Additional if mailed paper registration fee \$15.00 \$ \_\_\_\_\_

Donation to Bay Area Senior Games (non-profit) \$ \_\_\_\_\_

**GRAND TOTAL:** \$ \_\_\_\_\_ (3-22-18)

**THANK YOU!**

**Please make team fee checks payable to: BASOC/Bay Area Senior Games  
2275 East Bayshore Road Suite #115, Palo Alto, CA 94303 ( Tax ID # 94-3052945)**

Credit Card:  VISA  MasterCard (ONLY)

Card Number: \_\_\_\_\_

Expiration Date: \_\_ / \_\_ Security code \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

Contact Information: Bay Area Senior Games Headquarters [hmendel@basoc.org](mailto:hmendel@basoc.org) 650.323.9400