



Leroy James Milam

May 15, 1941 - March 13, 2025

Resident of Castro Valley

Leroy James Milam, age 83, of Castro Valley, passed away in the hospital on March 13, 2025, after fighting a courageous six month battle with cancer.

Leroy was born on May 15, 1941, to James and Mary Milam in Redwood City, California. He graduated from Sequoia High School in 1959, and soon after graduation, Leroy enlisted in the United State Marines and served his county from 1960 - 1965. Leroy was an active member of the Castro Valley VFW.

Following his military service, Leroy dedicated 38 years to the Safeway Beverage Plant in Richmond, California. His younger brother Richard Milam recruited Leroy to be a track official for track meets in California and Texas. This became a new interest and ultimately was a fulltime activity that Leroy enjoyed until he found out he had cancer. He really enjoyed the time he spent on the field with his track and field friends.

Leroy was always active and never met a stranger. He was a Boy Scout Master and a Camp Master for many years. He enjoyed NASCAR, driving sprint cars, and working on race cars with many of his friends. Leroy attended many softball, soccer, and baseball events for both Darlene and Daniel.

Leroy is survived by his wife of 55 years, Catherine (nee Scott) Milam, and their children Darlene Milam of Castro Valley and Daniel (Danielle) Milam of Jacksonville, Florida, along with his four children from his first marriage to Doris McElwee, D.J. (Patricia) Milam of Paris, Texas, Debbie Milam Hartman of Cedar Park, Texas, Jeff Milam of Sherman, Texas, and Victoria Milam Ayres of Cedar Park, Texas. Leroy is further survived by 5 grandchildren and 4 great-grandchildren.

He is preceded in death by his parents James and Mary Milam and his brother Richard Milam.

Military Honors for Leroy will be held on Thursday, May 15, 2025, at 11:30 A.M., at Sacramento Valley National Cemetery in Dixon, California.