

For Immediate Release

April 25, 2014

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EIGHTH ANNUAL BAY AREA SENIOR GAMES TO BE HELD MAY 3 – JUNE 1, 2014

Athletes Will Compete in Twenty One Sports at Stanford, Palo Alto and Bay Area

PALO ALTO – April 25, 2014 – Entries are now open for the Eighth Annual Bay Area Senior Games to be held May 3 – June 1, 2014 at venues in Santa Clara and San Mateo Counties, organizers announced today. The Bay Area Senior Games, first held in 2006 as test events for the 2009 Summer National Senior Games, are for athletes – men and women, age 50 and older.

"We are delighted to be able to continue the tradition of the Bay Area Senior Games – now in our eighth year. These men and women are shining examples of the benefits of an active, competitive lifestyle that embraces vitality and exemplifies the slogan of the 2009 Summer National Senior Games, "Long Live the Challenge," explained Anne Warner Cribbs, 1960 Olympian, Chair of the California Senior Games Association and heading up the 2014 Bay Area Senior Games.

The Games will feature twenty-two competitions including: Archery, Badminton, Basketball, Bocce, Cycling, Feats of Strength, Fencing, Golf, Lawn Bowling, Pickleball, Race Walk, Racquetball, Road Race, Rugby, Soccer, Swimming, Table Tennis, Tennis, Track & Field, Triathlon, Volleyball and Water Polo. Water Polo, Soccer, Fencing and Lawn Bowling were demonstration sports at the 2009 National Senior Games and due to their popularity are now a permanent part of the Bay Area Senior Games. A Bay Area Senior Games Golf Tournament will be played at Shoreline Golf Links on May 16.

The core of the 2014 Bay Area Senior Games will be centered at the world-class athletic facilities at Stanford University – Fencing, Swimming, Soccer, Water Polo and Rugby. The remainder of the sports are spread through out the Bay Area: Archery (Black Mountain Bowman Range), Badminton (Fremont), Bocce (Los Gatos) Cycling (Ft. Ord, Monterey County), Feats of Strength (Castro Valley), Golf (Mountain View), Racquetball (Page Mill YMCA) Table Tennis (Pong Planet, San Carlos), Triathlon (Redwood Shores), Volleyball (Palo Alto), and Lawn Bowling (Palo Alto Lawn Bowls)



Additional activities during the Senior Games will be the Solar Torch Relay on Friday, May 16, followed by the Celebration of Athletes Pasta Dinner on the Stanford campus and a Closing Celebration at Sports Basement in Sunnyvale, June 2.

"We are very happy to continue to host the Bay Area Senior Games as part of Stanford Athletic's support of the senior community", said Deputy Athletic Director Ray Purpur. "This event encourages Californians over 50 to keep fit and live healthy, a message the University wholeheartedly supports."

In 2014, six regional Senior Games competitions take place around the state. Sites for regional Senior Games include San Diego, Palm Desert, Pasadena, San Francisco Bay Area, Sonoma and the Third Annual Winter Games in Bear Valley. A complete list with contact information for all the Senior Games in California may be found at www.californiaseniorgames.org The State Championships, a qualifying event for the 2015 Summer National Senior Games in Minneapolis, will be held in Pasadena.

The Bay Area Senior Games are conducted under the auspices of the Bay Area Sports Organizing Committee (BASOC). The Bay Area Senior Games were held in 2006, 2007 and 2008 as "test events" for the 2009 Summer National Senior Games and in 2010, 2011, 2012 and 2013, continuing the tradition as a "legacy" event in 2014.

On line registration, for the 2014 Bay Area Senior Games is open at www.bayareaseniorgames.org. Entry blanks are available by calling 650.323.9400 or download at www.bayareaseniorgames.org. Volunteers are encouraged to sign up at www.bayareaseniorgames.org

Critical sponsorship and support comes from Humana, El Camino Hospital, Palo Alto Medical Foundation, Bay Area Pain and Wellness Center, Sports Basement and the City of Palo Alto.

The CSGA's mission is to promote healthy lifestyles for seniors through education, fitness and the spirited competition of sports, while inspiring everyone to embrace health and appreciate and enjoy the value of sports related exercise.



2014 Bay Area Senior Games Schedule of Events

Sunday, March 9, 2014

Triathlon part of the Stanford Treeathlon, Redwood Shores

Saturday, May 3, 2014

Badminton- California Badminton Academy 46049 Warm Springs Blvd. Fremont 8:30am start

Saturday, May 10, 2014

Race Walk- College of San Mateo Track 1700 West Hillsdale, San Mateo 9:40 am start, 1500 Meters- 5K - 12:30 p.m start.

5K Race- College of San Mateo Track 1700 West Hillsdale, San Mateo 8:00 AM start **Rick Milam Memorial Track & Field Meet** –College of San Mateo, 1700 West Hillsdale, San Mateo 8:00am start

Volleyball- 4000 Middlefield Rd. Cubberley Gym, Palo Alto 9:00am start **Cycling-** Ft. Ord, Monterey 5 K Time Trial 10AM 20KRoad Race- noon 40K Road Race 2:00PM

Sunday May 11, 2014

Feats of Strength at Harder Arena, Castro Valley, 10:00 am start

Tuesday, Wed, Thurs, May 13-15, 2014

Lawn Bowling- 474 Embarcadero Road, Palo Alto 9 am start

Friday, May 16, 2014

Golf - Shorelink Golf Links -2940 North Shoreline Blvd. Mt. View 8:00 am Check in Tee off 8:30 am

Solar Torch Relay Stanford Pac-12 Plaza 5:00 p.m. **Pasta Feed** Stanford 6:00 p.m. (Jimmy's Sport Café)

Saturday, May 17,2014

Bocce- Campo di Bocce 565 University Ave. Los Gatos, CA <u>www.campodibocce.com</u> **Basketball – Men's** (3 x 3) at Cubberley Center Palo Alto– 9:00 am start; Free Throw Contest directly following games (approx. 2pm)

Saturday, May 17,2014 (continued)



Fencing- Sherry Posthumous Memorial Tournament, Arrillaga Recreation Center,

Stanford 1:30 p.m. start (register at AskFred.net)

Racquetball- Silicon Valley YMCA, 755 Page Mill Road, Palo Alto 9:00 am start

Rugby- Steuber Rugby Field, Stanford 9:00 am start

Soccer at El Camino Fields, Stanford, 9:00 am start

Table Tennis- Pong Planet 848 Brittan, San Carlos 9:00 am start

Tennis- Rinconada Park, Palo Alto 9:00 am start

Water Polo at Avery Aquatic Center, 8:00 am start

Sunday, May 18, 2014

Basketball- Women's (3×3) at Cubberly Center, Palo Alto -9:00 am start; Free Throw Contest directly following games (approx. 2pm)

Fencing- Sherry Posthumous Memorial Tournament, Arrillaga Recreation Center,

Stanford 10:00 a.m. start (register at AskFred.net)

Soccer at El Camino Fields, Stanford, 9:00 am start

Swimming at Avery Aquatic Center, Stanford 8:00 am start

Water Polo at Avery Aquatic Center, 8:00 am start

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Pickleball- 2055 Tice Valley Blvd. Walnut Creek Tice Gym 10:00 a.m. Start time

Saturday, May 31,2014

Archery- Black Mountain Bowman Range, Avenue Espana. San Jose Double 300 Round 9:00 am start

Sunday, June 1,2014

Archery- Black Mountain Bowman Range, Avenue Espana. San Jose American 900 Round 9:00 am start

Admission to watch all sports is **free and open to the public**.

Schedule subject to change.

Some event start times have not yet been determined, depending on number of entries.

(Rev.4-18-14)