



Out-and-back course, flat with some rolling hills
Excellent pavement, great sight lines
No technical turns, top speeds might exceed 40 mph
Fixed gear bikes sub-optimal
Cap of 200 riders

Time Trial on Cañada Road!

Date: MAY 19, 2013

Venue: Cañada Road, San Mateo County

Age Groups: M/W 50-54, M/W 55-59, etc.

Format: 5K & 10K Time Trial, 30-second intervals, youngest to oldest

Registration: www.bayareaseniorgames.org