

2012 Feats of Strength Results (WR = world age group record)

Chinups

Age 75-79

1. 12x WR Bill Dodson

Age 70-74

1. 11x Noel Baggett

Age 65-69

1. 10x Bill Weinstock
2. 4x Eldon Okazaki

Age 55-59

1. 11x Arnel Mausisa

Age 50-54

1. 15x Robert Nattenberg
2. 13x Emile De Vera
3. 7x Nicholas Pang

Chinups for Maximum Weight

Bodyweight (bw) + extra weight added

Age 75-79

1. 197.6 Bill Dodson (bw 150.6)

Age 70-74

1. 178.4 Noel Baggett (bw 139.8)

Age 65-69

1. 215.9 Bill Weinstock (bw 169.8)

Age 55-59

1. 218.6 Arnel Mausisa (bw 174.0)

Age 50-54

1. 243.6 Emile De Vera (bw 195.0)
2. 202.8 Robert Nattenberg (bw 152.8)

Standing Long Jump

Toes behind the line

Jump into a sand pit

Age 75-79

1. 4'1 ½ Bill Dodson

Age 70-74

1. 5'5 ½ Noel Baggett

Age 65-69

1. 7'1 ½ Bill Weinstock
2. 5'8 ½ Eldon Okazaki
3. 3'9 Paul Kramer

Age 55-59

1. 7'9 Tom Linda
2. 6'7 Arnel Mausisa

Age 50-54

1. 7'2 Nicholas Pang
2. 7'1 ¾ Robert Nattenberg
3. 5'5 Emile De Vera

Farmer's Walk: 164 feet (50m) with 3 turns

Places are determined by how much total weight is carried in the hands, how fast the course is

completed, if not completed then how far the weights were carried, and age of contestants:

Age 75-79

1. 100 lb, 28.86 seconds Bill Dodson

Age 70-74

1. 150 lb, 113'6 Noel Baggett

Age 65-69

1. 200 lb, 40.10 seconds WR Bill Weinstock
2. 150 lb, 34.25 seconds Eldon Okazaki
3. 150 lb, 41' Paul Kramer

Age 55-59

1. 200 lb, 28.07 seconds WR Tom Linda
2. 200 lb, 37.49 seconds Arnel Mausisa

Age 50-54

1. 150 lb, 33.70 seconds, Emile De Vera
2. 150 lb, 34.66 seconds, Nicholas Pang
3. 200 lb, DQ for drop, Robert Nattenberg

Dynamometer Hand Grip Test (Baseline dyno)

Age 75-79

1. (45 kg) 99 lb Bill Dodson

Age 70-74

1. (46 kg) 101 lb Noel Baggett

Age 65-69

1. (69 kg) 152 lb Bill Weinstock
2. (64 kg) 141 lb Paul Kramer
3. (50 kg) 110 lb Eldon Okazaki

Age 55-59

1. (67 kg) 148 lb Arnel Mausisa

Age 50-54

1. (65 kg) 143 lb Emile De Vera
2. (59 kg) 130 lb Nicholas Pang
3. (57 kg) 126 lb Robert Nattenberg

All-Around Winners

Scored like a decathlon using age and weight factors for the Farmer's Walk

1. 1789 points Bill Weinstock, age 65
2. 1449 points Arnel Mausisa, age 56
3. 1145 points Emile De Vera, age 52

Feats of Strength Score Sheet -- March 12, 2012, Castro Valley CA

Name	Bill Dodson	Noel Baggett	Eldon Okazaki	Paul Kramer	Bill Weinstock	Tom Linda	Arnel Mausisa	Nicholas Pang	Emile De Vera	Robt. Nattenberg
Sex	M	M	M	M	M	M	M	M	M	M
BD	2/28/35	3/12/41	11/27/45	12/11/46	10/15/46	5/13/53	9/20/55	3/11/59	12/16/59	6/4/61
Age	77	71	66	65	65	59	56	53	52	50
Age x/	1.38	1.32	1.27	1.26	1.26	1.2	1.17	1.14	1.13	1.11
BW-shoes	150.6	139.8	179.4	216.0	169.8	217.8	174.0	148.2	195.0	152.8
HT-socks	5'9	5'7	5'8 ½	5'9 ½	5'8 ¾	5'11 ¼	5'7	5'10	5'8 ¾	5'7 ¼
PUR	12c	11c	4c	-	10	-	11c	7	13c	15
Age m	16.56	14.52	5.08	-	12.6	-	12.87	7.98	14.69	16.65
Points	231	212	127	0	195	0	197	153	214	231
PUL1	166.8	178.4	0	-	200.4	-	212.6	184.4	221.2	191.4
PUL2	184.2	0	0	-	210.9	-	0	0	233.6	202.8
PUL3	197.6	0	0	-	215.9	-	218.6	0	243.6	0
Age m	272.6	235.4	0	-	272.0	-	255.7	210.2	275.2	225.1
Points	381	288	0	0	380	0	339	225	388	262
SLJ1	3'11	5'5 ½	5'5	3'9	7'1 ½	7'9	6'1	7'0	5'5	6'8 ½
SLJ2	2'5 ½	4'4	0	-	-	6'4 ½	6'7	7'2	0	7'0 ¼
SLJ3	4'1 ½	5'5 ½	5'8 ½	-	7'0 ½	7'1	6'1	7'0	4'8 ½	7'1 ¾
Age m	5'8 ¾	7'2 ¾	7'2 ¾	4'8 ½	8'11 ½	9'3 ¾	7'8 ¾	8'2	6'1 ¼	7'11
Points	81	132	136	67	413	466	210	286	87	246
FW-wt.	150	150	200	200	200	200	200	200	200	200
FW-used	100	150	150	150	200	200	200	150	150	200
FW-s/D	28.86	113'6	34.25	41'	40.10	28.07	37.49	34.66	33.70	dq
Age m	41.83d	149'9	53.93d	51'7	31.82	23.39	32.04	60.80d	59.64d	dq
Points	201	76	164	26	341	494	338	142	146	0
DYN1	95	95	110	141	148	-	137	130	132	126
DYN2	95	101	99	128	152	-	126	112	132	110
DYN3	99	93	106	141	146	-	148	123	143	119
Age m	137	123	140	178	192	-	173	148	162	139
Points	185	115	200	390	460	0	365	240	310	199
Total	1079	823	627	483	1789	960	1449	1046	1145	938
Place	1	1	2	3	1	2	1	2	1	3
Medals	5 Gold	5 Gold	3 S, 1 B	1 S, 2B	5 Gold	2 Gold	3 G, 2 S	1G,3S,1 B	3 G, 1 B	2G,1S,1B

Key: Age x/ = age factor multiplied for everyone over age 39 in every event except the farmer's walk where the age factor is used to divide; **BW** = bodyweight (lb); **HT** = height in socking feet; **PUR** = pullups or chinups for maximum consecutive repetitions; **Age m** = mark converted by multiplying/dividing by an age factor; **Points** = points from Dale Harder's Sports Comparisons...You Can Compare Apples to Oranges adjusted using age and gender factors; **PUL (3 tries)** = maximum 1-rep pullup/chinup where BW + extra weight used is added together; **SLJ (3 tries)** = standing long jump; **FW-wt.** = Farmer's Walk with total weight (lb) carried in the hands; **FW-used** = Farmer's Walk weight used. If less weight is used than the standard for that age/gender then the mark is penalized (see d and q below); **FW-s/D** = Farmer's Walk mark in seconds or feet after being converted by age factor; **DYN (3 tries)** = dynamometer hand grip test results in lb; **d** = (FW) doubled time or halved distance because of using the next lighter weight than standard; **q** = (FW) quadrupled time or quarter distance because of using two weights lighter than standard; **c** = chinups; **Place** = Shows place for their 5-year age group. **Medals:** G= gold; S = silver; B = bronze

New world records: Pullups (reps) age 75+ 12 chinups, Bill Dodson; Farmer's Walk (200 lb) age 65+ 40.1 seconds, Bill Weinstock. Farmer's Walk (200 lb) age 55-59 28.07 seconds, Tom Linda. **Special note:** On an extra attempt in the Farmer's Walk, Logan Christopher carried 205 lb in each hand for one lap or 41'.